

NOVEMBER 2019 SUPPORT GROUPS

MANHATTAN, NY

Tuesday, November 19th, 2019 from 6:00 to 8:00 pm

Mount Sinai Downtown at Union Square

Phillips Ambulatory Care Center, Neurology Dept., 5th Floor Conference Room

10 Union Square East (b/w 14th & 15th Streets), New York, NY 10003

Contact: Jody Wiesel, PhD, (917) 699-9751

Topic: National Caregivers Month

Next month's support group meets December 17th, 2019

QUEENS, NY

Wednesday, November 20th, 2019 from 6:00 to 8:00 pm

The Silvercrest Center for Nursing and Rehabilitation

144-45 87th Avenue - 1st Floor Dining Room/Lounge, Briarwood, NY 11435

Contact: Michelle McKenzie, LMSW, (718) 644-1750

Topic: National Caregivers Month

Next month's support group meets: December 18th, 2019

JAMES J. PETERS BRONX VA MEDICAL CENTER

Tuesday, November 26th, 2019 from 1:00 to 3:00 pm

130 West Kingsbridge Road, JJPVAMC Room 5C-02, 5th Floor, Bronx, NY 10468

Contacts: Michelle McKenzie, LMSW (718) 644-1750

Ernest Acheampong, RN (718) 584-9000 ext. 5388

Topic: National Caregivers Month

December's meeting is cancelled.

NASSAU COUNTY, NY

Monday, November 4th, 2019 from 6:00 to 8:00 pm

Northwell Health at Plainview Hospital

Room Change: Due to lobby construction, the meeting will be held in Conference

Room A; lower level; from October through January

888 Old Country Road, Plainview, NY 11803

Contact: Cindy Keyser-Posner, LMSW, (631) 416-2767

Topic: National Caregivers Month

Next month's support group meets: December 2nd, 2019

SUFFOLK COUNTY, NY

Tuesday, November 5th, 2019 from 6:00 to 8:00 pm

Stony Brook Neurology Offices

181 North Belle Mead Road Suite 5, East Setauket, NY 11733

Contact: Theresa Imperato, RN, (516) 946-5467

Topic: National Caregivers Month

Next month's support group meets: December 3rd, 2019

WESTCHESTER, NY/WHITE PLAINS

Tuesday, November 12th, 2019 from 6:00 to 8:00 pm

Burke Rehabilitation Center

785 Mamaroneck Avenue, Building 7, White Plains, NY 10601

Contacts: Helen Mayer, RN, (845) 520-0952

Nancy Brenner, LCSW, (914) 406-3513

Topic: National Caregivers Month

Next month's support group meets: December 10th, 2019

LOWER HUDSON VALLEY, NY

Tuesday, November 5th, 2019 from 6:00 to 8:00 pm

Ambulatory Surgery Center Bldg. C, 3rd Fl. 200

Westage Business Center, Fishkill, NY 12524

Contacts: Helen Mayer, RN, (845) 520-0952

Nancy Brenner, LCSW, (914) 406-3513

Topic: National Caregivers Month

Next month's support group meets: December 3rd, 2019

NORTHERN NJ/SADDLEBROOK

Thursday, November 14th, 2019 from 7:00 to 9:00 pm

(please note date change for this month only)

Kessler Institute for Rehabilitation

300 Market Street, Saddle Brook, NJ 07663

Contacts: Debbie Schlossberg, LMSW (732) 710-8832

Mary Ann Mertz, RN, (908) 552-5573

Topic: National Caregivers Month

Next month's support group meets December 5th, 2019

CENTRAL NJ

Saturday, November 16th, 2019 from 2:00 to 4:00 pm

Robert Wood Johnson Fitness & Wellness Center

100 Kirkpatrick Street, Community Education Room Level 2
New Brunswick, NJ 08901

Contacts: Debbie Schlossberg, LMSW, (732) 710-8832

Mary Ann Mertz, RN, (908) 552-5573

Topic: "ASK the DOC" & National Caregivers Month

Speaker: Dr. Megan Leitch

Next month's support group meets December 14th, 2019

(This is a date change for this month only)

TELEPHONE SUPPORT GROUPS

PATIENT GROUP: Every Monday - 2:30 to 3:30 pm

CAREGIVER GROUP: Every Wednesday - 4:00 to 5:00 pm

Topics include: Open Discussion, Stress Reduction,
Mindfulness and Meditation Techniques

Newly diagnosed group will take place every Wednesday
at 11:00 am beginning November 6th through December 4th
for 5 sessions.

If you are interested in any of the telephone support groups,
please contact: Susan Zimmerman, LCSW, at (212)720-3050.

NEW VIRTUAL SUPPORT GROUP

Date: Tuesday, November 19th, 2019 - 1 pm to 2 pm

Topic: National Caregivers Month

Contact: Charisse Viscomi-Santos, LPN (201) 926-5374

or E-mail Charisse at csantos@als-ny.org

Next month's group meets December 17th, 2019

SPECIAL SUPPORT GROUP FOR CAREGIVERS ONLY

Wednesday, November 20th - 6:30 pm to 8:30 pm

Rutgers Fitness & Wellness Center

300 Kirkpatrick Street, New Brunswick, NJ 08901

Contacts: Debbie Schlossberg, LMSW, (732) 710-8832

Mary Ann Mertz, RN, (908) 552-5573

UPCOMING CHAPTER EVENTS



Walk to Defeat ALS

Register now at

www.ALSWALKS.org

Please contact Maggy Kucera at 212-720-3042 or mkucera@als-ny.org for any questions.



Greater New York Chapter
42 Broadway, Suite 1724
New York, NY 10004
(212) 619-1400
Fax: (212) 619-7409
www.als-ny.org

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Hicksville NY
Permit 842

ALS research counts on you. The National ALS Registry allows persons with ALS to fight back and help defeat ALS. By signing up, being counted, and answering brief questions about you and your disease, you can help researchers find answers to important questions. Enroll today at cdc.gov/als